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B1**Abstract**

Absorbent article such as a diaper and an incontinence guard comprising a pair of belt portions (9, 10) attached to the rear portion (6) of the article and which are intended to be fastened together around the waist of the wearer, wherein the one belt portion (9, 10) carries first fastening means (11) intended to be attached against the opposite belt portion (9, 10) and where said front portion (5) exhibits second fastening means (8) intended to be attached to the belt portions (9, 10), in such a way that the article will assume a pantlike shape, where the belt portions (9, 10) form a part of the waist portions of the pant. Each belt portions (9, 10) are provided with at least one indicium (12), being placed on a appropriate distance from the attachment (13) of each belt portion (9, 10) to the rear portion (6) of the article, whereby each indicium (12) on one belt portion (9) has its corresponding indicium on the on the opposite belt portion (10).

(Figure of publication: Fig. 1)

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